



# ST BERNARD'S HIGH SCHOOL

# Careers Bulletin Vol 1

## Female Leadership

The Year 11 cohort experienced keynote speeches and engaged in workshops with a focus on Inspiring Women in Culture and Female Leadership. Students heard from our sponsor Aspirations, Sally Carr, a former mayor of Southend and Essex Police, Chief Superintendent Claire Talbot and ex St Bernard's students: Katie Stedman (make-up artist and entrepreneurship), Alice Olomola (challenging traditions and expectations in higher education) and Rutendo Mushonga (performing artist).

Students also enjoyed a CV workshop with Sabrei Ackah, Storytelling through Dance with Rutendo Mushonga, information on FGM with Alice Olomola and student led workshops with a focus on Public Speaking, a Dragon's Den theme and henna.

Many thanks and congratulations to the Year 11 Committee and Mrs Alexander for all their hard work and efforts. It was an amazing and successful event!



## WizeUp with the Jack Petchey Foundation

Year 13 students took part in Student Finance and Flat Sharing sessions to improve their financial literacy and support them in their university journey. Our students received the sessions positively and said they were eye openers for real life financial challenges they might face! Our thanks to Mr Maddison.

## ASK Apprenticeships

As part of National Apprenticeship Week, Year 11 and 13 students took part in sessions discussing the different types of apprenticeships available including higher and degree apprenticeships, how to find apprenticeships, the new T Levels qualifications and Traineeships, including Q&A at the end. Thanks to Abbie Tisdall for coming in to guide our students through the process. This helped support and develop students' knowledge and understanding of the available routes to them.



## Year 13 EPQ Presentations



At the end of last term, students taking the Extended Project Qualification unveiled the results of months of hard work at the annual EPQ Presentation Evening. An array of topics were covered and our students put in hours of independent planning and research in order to complete their projects. The results have been outstanding and will

prove useful when they embark on their university journeys. Their work illustrates what can be achieved when students do not set limits on their ambitions - everyone involved should feel very proud of their achievements. Many thanks to Mrs Rainey and her team of supervisors in supporting our students with this fantastic outcome!

## Behind the Headlines with The Guardian!



Last term, the Journalism Team took part in a Behind the Headlines workshop with The Guardian to empower our students to understand, critically analyse, engage with and participate in the media. The students produced a newspaper front page and learned skills in communication and how to improve their writing. We look forward to reading the next article and our thanks to Mr Galton for facilitating this wonderful opportunity for our students!

## Young Reporter Scheme

As the team has developed, some students have also been given the opportunity to join the Young Reporter Scheme. This is a pathway for students to work directly for an online national newspaper. Ten students are part of this scheme, which gives them further experience with working to deadlines, structuring their writing to do the topic justice, as well as reaching out to a wider audience. Students work will be entered into a competition at the end of the scheme. Experiences like this, will be extremely valuable in helping students obtain a place at university, as well as giving students future career opportunities.

